

# 1991 Region 5AA Championship

**Teams:** Park Center 124, Osseo 76, Mpls South 64, Mpls Roosevelt 52, Fridley 43, Totino Grace 43, Benilde-St Margaret 40 ½, Mpls Washburn 33, Mpls Henry 30, Mpls Southwest 10, Mpls North 8, Holy Angels 5, Mpls Edison 1.

## 100

- 1 Flurohn Crutch, PC 11.05
- 2 Byron Gulyard, PC 11.10
- 3 Brian Mayo, PC 11.23
- 4 Neville Grant, Washb 11.35
- 5 Dai Hoang, South 11.49
- 6 Alex Stocco, HA 11.54

## 200

- 1 Flurohn Crutch, PC 22.73
- 2 Tetrault, Frid 22.95
- 3 Taylor, Frid 22.96
- 4 Grant, Washb 23.21
- 5 Erickson, TG 23.22
- 6 Monson, Washb 23.23

## 400

- 1 James Taylor, Roosev 50.33
- 2 Robb Berthiaume, PC 51.46
- 3 Thong Tran, Frid 52.61
- 4 Dave Hampton, PC 52.88
- 5 Chris Powers, TG 52.95
- 6 Brian Engelking, Oss 53.33

## 800

- 1 Mason, Oss 2:00.48
- 2 Meier, Roosev 2:01.45
- 3 Elaydi, South 2:02.1
- 4 Potts, Oss 2:03.49
- 5 Groff, Washb 2:03.98
- 6 Carlson, TG 2:04.01

## 1600

- 1 Gaio Lakin, South 4:26.63
- 2 Mike Mason, Oss 4:29.05
- 3 George Hanson, PC 4:33.63
- 4 Kevin Theissen, South 4:34.53
- 5 Scott Groff, Washb 4:39.12
- 6 Steve Sovada, Frid 4:40.79

## 3200

- 1 Gaio Lakin, South 9:45.16
- 2 Mike Hajder, Osseo 9:49.53
- 3 Joel Wegner, South 9:59.48
- 4 George Hanson, PC 10:02.42
- 5 Matt Metzger, PC 10:12.45
- 6 Eli Brown, South 10:14.71

## High Hurdles

- 1 Brian Schrader, PC 15.24
- 2 Mike Hook, BSM 15.48
- 3 Steve Opstad, PC 15.51
- 4 Jesse James, PC 15.83
- 5 Quentin Medlock, Roosev 16.18
- 6 Nathan Mitchell, South 16.33

## Intermediate Hurdles

- 1 Marc Hoffman, BSM 39.77
- 2 Brian Schrader, PC 39.92
- 3 Mike Hook, BSM 40.09
- 4 Kevin Gordon, Washb 40.50
- 5 Steve Opstad, PC 42.57
- 6 Jesse James, PC 42.93

## 4x100 Relay

- 1 PC 42.86
- 2 Frid 43.48
- 3 Osseo 45.24
- 4 Washb 46.50
- 5 HA 46.61
- 6 Roosev 46.90

## 4x400 Relay

- 1 PC 3:25.20
- 2 Roosev 3:27.16
- 3 BSM 3:31.17
- 4 Frid 3:33.77
- 5 Washb 3:35.04
- 6 HA 3:39.00

## Sprint Medley Relay

- 1 TG 3:39.72
- 2 Osseo 3:40.98
- 3 Frid 3:41.18
- 4 South 3:41.72
- 5 Washb 3:46.01
- 6 PC 3:49.60

## Shot Put

- 1 Jay Bohlinger, TG 52-9
- 2 John Madden, Oss 47-11
- 3 Duncan Schwensohn, North 47-10 ½
- 4 Quincey Williams, Roosev 47-3
- 5 Chris Wexler, South 46-11
- 6 Ryan Green, Oss 46-0 ½

## Discus Throw

- 1 Sedric Owens, Roosev 132-9
- 2 Ryan Green, Oss 131-8
- 3 Chris Wexler, South 128-9
- 4 Quincey Williams, Roosev 128-0
- 5 Richard Chakolis, North 128-0
- 6 Eric Lucas, BSM 127-4

## Long Jump

- 1 Martez Williams, Henry 20-7 ½
- 2 Steve Pitzel, TG 20-5
- 3 Dai Hoang, South 20-4 ¾
- 4 Brian Evavold, Oss 20-3
- 5 Daston Kaiser, Roosev 19-3 ½
- 6 Raylen Hicks, Edis 18-8 ½

## Triple Jump

- 1 Martez Williams, Henry 43-0 ½
- 2 Chris Katos, SW 40-7 ½
- 3 Dwight Moody, Washb 40-6 ¾
- 4 Brian Evavold, Oss 40-4 ½
- 5 Steve Opstrand, PC 40-0 ¼
- 6 Greg Moses, Roosev 39-11

## High Jump

- 1 Martez Williams, Henry 6-6
- 2 Myron Bridges, BSM 6-4
- 3 Matt Sweetman, Oss 6-1
- 4 Brian Schrader, PC 6-0
- 5 Quent Medloc, Roosev 6-0
- 6 Schaak, BSM 5-10
- 6 Opstad, PC 5-10

## Pole Vault

- 1 Matt Gaffey, TG 11-6
- 2 Mark Strehlow, PC 11-0
- 3 Nathan Brown, South 10-6
- 4 Troy Nordlund, Frid 10-6
- 5 Nate Vecker, SW 10-6
- 6 Luke Rennie, HA 10-6

\* Ties Meet Record

\*\* New Meet Record

**Notes:**